PRIMARY SCHOOL MENU OCTOBER 2024 - SEPTEMBER 2025

WEEK

Monday

BUBBLECRUMB **SALMON FILLET** (V) FILLED JACKET POTATO & CHEESE **BAKED BEANS & SALAD POTATO WEDGES**

> **PINEAPPLE SPONGE** & CUSTARD

Tuesday

PORK MEATBALLS IN TOMATO SAUCE (V) VEGETABLE SAUSAGE IN TOMATO SAUCE **BROCCOLI & CABBAGE** PASTA

OATY BISCUIT & MILK

Wednesday

ROAST TURKEY OR BEEF (V) OUORN ROAST OR FILLET **CARROTS & SWEDE ROAST POTATO** GRAVY

ICE CREAM & CHOPPED PEACHES

Thursday

BEEF BOLOGNESE (V) QUORN BOLOGNESE **SWEETCORN & PEAS PASTA** SALAD

> **CHOCOLATE & BANANA CUPCAKE** & MILK

Friday

BBO CHICKEN & SPINACH WRAP (V) BBO OUORN & SPINACH WRAP SALAD **CHIPS**

STAWBERRY WHIP WITH **COULIS & RAISINS**

Week 1

03.09.24 17.02.25 23.09.24 17.03.25 14.10.24 07.04.25 11.11.24 12.05.25 02.12.24 09.06.25 06.01.25 30.06.25 27.01.25

WEEK

Monday

FISH BITES (V) FISHLESS FINGERS **BAKED BEANS OR BROCCOLI & SALAD POTATO WEDGES**

CHOCOLATE SPONGE & CHOCOLATE CUSTARD

Tuesday

SAUSAGE PASTA BAKE (V) VEGETABLE SAUSAGE PASTA BAKE **SWEETCORN & GREEN BEANS GARLIC BREAD**

> SHORTBREAD & **BANANA PIECES**

Wednesday

SAVOURY MINCED BEEF (V) OUORN MINCE WITH A YORKSHIRE PUDDING PEAS & CARROTS, CREAMED **MASHED POTATO**

> YOGURT & **APPLE PIECES**

Thursday

CHICKEN PIE (V) QUORN & VEGETABLE PIE **BROCCOLI & CABBAGE BOILED OR NEW POTATOES** GRAVY

FRESH FRUIT SALAD & **DREAM TOPPING**

Friday

(V) CHEESE & TOMATO PIZZA VEGETABLE STICKS BEETROOT CHIPS

APPLE CRUMBLE MUFFIN & MILK

Week 2

09.09.24 03.03.25 30.09.24 24.03.25 21.10.24 28.04.25 18.11.24 19.05.25 09.12.24 16.06.25 13.01.25 07.07.25 03.02.25

WEEK 3

GARLIC BREAD

SOUARE

Tuesday

FISH STARS OR BREADED SALMON FILLET (V) FISHLESS FINGER **BAKED BEANS OR SALAD** CREAMED MASHED **POTATO**

STICKY TOFFEE SPONGE & CUSTARD

Wednesday

ROAST PORK (V) QUORN ROAST **OR FILLET APPLE SAUCE & GRAVY** ROAST POTATOES OR **BOILED POTATO CARROTS & BROCCOLI**

> **CHEESECAKE & MANDARINS**

Thursday

CHICKEN KORMA (V) VEGETABLE KORMA PEAS & SWEETCORN RICE **NAAN BREAD**

> **RASBERRY BUN** & MILK

Friday

BEEF BURGER IN A BUN (V) OUORN FILLET IN A BUN CHIPS **COLESLAW & CUCUMBER**

> YOGURT & APPLE PIECES

Week 3

16.09.24 10.02.25 07.10.24 10.03.25 04.11.24 31.02.25 25.11.24 06.05.25 16.12.24 02.06.25 20.01.25 23.06.25 14.07.25



The Gwynedd Primary School Menu complies with the Healthy Food In Schools Regulations 2013. (Nutritional Standards and Requirements Wales) It has been approved by the Welsh Government Associations School food Co-ordinator. A fresh drink of water is available to all at lunchtime. Fruit is available every day as an alternative to a pudding. Bread (without spread) is available every day. We prepare food from the original ingredients, and we do not knowingly use food that has been genetically modified. Special diets are catered for please contact the school cook. Allergen information is available at your child's school kitchen for every item on the menu.

Monday

(V) MAC 'N'CHEESE (V) NEOPOLITAN BAKE PEAS & PEPPER STICKS

CHOCOLATE KRISPIE